

Marian Catholic High School
Athletic Department
Impact Test Instructions

Attention Student Athletes:

All impact testing will be done at home this year instead of on school grounds with the athletic trainer. Please follow the instructions below:

- 1.) Open up impact site, www.impacttestonline.com/testing in google.
- 2.) Use verification code: Azyv8qsnxt. (Please make sure the A is capitalized)
- 3.) Find Marian Catholic High School for organization.
- 4.) Begin test
- 5.) Complete all sections of the test. The athletic trainer will know when you completed the test.
- 6.) Student athletes that participate in Football are required to have this completed prior to August 10th. All other sports prior to August 17th.

If there are any question, please email Marian's Athletic Trainer, Marc Gallagher, at trainermarc2003@yahoo.com

Student Athletes that are required to do the Impact Testing are as follows:

- All Freshman and Junior's, and all athletes in contact sports that never took the Impact Test (sports include - Football; Volleyball; Cheer; Men's & Women's Basketball)