## Required Electives

## 815-845 Physical Education (. 5 Cr . for seniors and . 25 Cr . for all others) Grade 9—12

Through a variety of indoor and outdoor games, sports, and other athletic activities, students are provided with experiences which promote physical fitness, growth, and development.

## 710 Music Appreciation (. 25 Cr .)

Grade 9
Beginning with basic fundamentals, this class is designed to allow students to develop the necessary skill to listen carefully, identify the building blocks of all music, and understand how music is related to human culture today. Basic notation, instrument families, various music styles and genres, Western and non-Western music, and time periods of music will be discussed.

## 715 Introduction to Performing Arts (. 25 Cr .)

## Grade 9

This course will provide an overview of the various disciplines within the Performing Arts. The disciplines covered will be Theatre, Dance, Music and Spoken Word as they relate to society in an historical context. The goal of the course is to give students a better understanding of the importance of performance art in the educational curriculum, discern the differences and similarities among the various performing arts disciplines, and to discover and develop an appreciation for art in everyday life.

## 220 Standardized Test Prep Course (STPC) (. 25 Cr .)

Grade 10
This course will help students develop the skills and test taking strategies needed to prepare for standardized testing, focusing on the PSAT and SAT tests. A calculator will be required for the Math classroom days.

## 820 Drivers' Education Theory (. 25 Cr .)

Grade 10
This course consists of 30 hours of classroom theory according to the PA Dept. of Ed. The content will provide students with the knowledge and skills that should enable them to become safe and informed members of the Highway Transportation System. The attainment of this expectation will allow students to safely use this system with greater confidence and higher skill levels. Students will receive a certificate of participation if they meet the classroom requirements.

## 823 Health (Boys) (. 25 Cr.) 824 Health (Girls) (. 25 Cr .) Grade 10

This course covers the topics of general health, mental health, stress, stages within our life cycle, the reproductive system, communicable diseases with an emphasis on sexually transmitted diseases, nutrition, tobacco, alcohol, and illegal drugs.

## 230 Speech Communication (. 25 Cr .)

## Grade 11

This course will stress the impact of communication on one's life and the significance of one's role as a communicator. Speech communication will help students develop their listening and speaking skills by introducing them to communication theory, a variety of public-speaking categories, and peer critiques.

## 130 Career and Financial Management ( .5 Cr .)

## Grade 11

This course will offer students an opportunity to evaluate themselves in decisions regarding life after high school. Students will evaluate the income of planned career goals and the cost of education to pursue it. This course is aligned with the National Standards for Personal Education that identifies core personal finance knowledge and skills organized into six topics: earning income, spending, investing, saving, managing credit and managing risk.

